How to Arrange For Service Office Hours

Office Hours are Monday to Friday from 8:00 a.m. to 5:00 p.m. Voice Mail is in place 24 hours a day and checked regularly in order that we can give prompt attention to requests for immediate assistance.

Contact Methods:

Telephone	(613) 482-3338
Cell	(613) 285-1989
Fax	(613) 482-0623
E-Mail	info@cozylivinghomecare.com
Website	www.cozylivinghomecare.com

Inquiries:

A Cozy Living Home Care representative will respond to any questions and provide additional information about our services.

Serving the Lanark, Leeds and Grenville Area

Phone: (613) 482-3338 Cell: (613) 285-1989 info@cozylivinghomecare.com www.cozylivinghomecare.com

Cozy Living Home Care

is an in-home service provider that assists individuals and families. We are dedicated to helping older adults live independently in their homes or place of residence so they can lead an independent lifestyles in the comfort and safety of their own homes by carefully assessing and fully understanding their needs and selectively placing trained personnel to meet these needs.

We understand The Value Of Independence And We Can Help You Keep It!

What Services We Provide

- Home Care Services
- Personal Care Services
- Companionship Care Services
- Recuperative Care Services
- Home Modification Services
- Moving & Downsizing Services



Non-Medical Care Services

A Little Help Goes Along Way

www.cozylivinghomecare.com

Companion Services

Companionship Services include keeping the client company and engaging the client in any number of activities, such as Conversation; Reading; Writing; Games; Crafts; Playing Cards; Walking; Planning, Cooking, and Serving Meals; Baking for Holidays and Special Occasions; Assist with Entertaining; Medication & Appointment Reminders; and Escort to Appointments, Visiting Friends & Neighbours; Shopping, Events, Plays, and much more.

Home Services

Home Services include General Cleaning; Vacuuming; Dusting; Washing Floors; Washing Dishes; Laundry; Ironing; Changing Beds; Defrosting Refrigerators / Freezers; Cleaning Ovens/Stoves and China Cabinets; Caring for House Plants; Taking Out Garbage; Gardening; Oversee Home Deliveries and Home Maintenance and much more.

Personal Care Services

Personal Care Services include assisting the client with tasks such as Grooming (Hair Care, Shaving, Cleaning Teeth/Dentures; Makeup; Dressing) Hygiene (Tub, Bed or Sponge Baths; Showers; Toileting Activities) Mobilization (Turning, Lifts and Transfers, Exercising, Walking) Eating or Feeding; and much more.

Home Modification

Home Modification Services involves adapting a home so that a person can perform the activities of daily living as safely and comfortably as possible, while maintaining some degree of independence. Modification can be simple which could include removing scattered rugs to prevent slips and falls or a little more complex such as grab bars, toilets, ramps and rails. The type of modification will depend on the individual and the set up of the home.

We are dedicated to you

Moving & Downsizing Services

Moving and Downsizing Services includes pre and/or post moving such as creating a move plan, organizing crucial papers, helping with possessions and choices for the new home, assist in organizing, sorting, and packing, arrange shipments and storage items, transfering utilities, phone, cable and mail, unpacking, furniture placement, organize household items in kitchen, bathroom and bedrooms, remove packing materials; and so much more.

We will help older adults move and downsize to a smaller residence. We provide our clients with a personal service helping them with the things they can't or don't want to do. We understand that moving is an emotional and physical transition and we are here to support you every step of the

We treat every person as an individual - all ages, all wishes....

way.